

PANAMA CITY

Panama City is a dynamic destination, full of life, where people truly work hard and play hard. In constant development, it keeps reaching higher and higher in the sky with its imposing skyscrapers, symbols of the increasing prosperity. Overlooking the Pacific Ocean, it is an ideal destination for both urban explorers and nature lovers, thanks to the magnificent surrounding areas. Learn more about this youthful city and set out on the iconic canal that connects the two oceans. Visit El Valle de Anton, a charming town still resting in the crater of an extinct volcano or venture into the depths of the rainforest where many exotic animals await your discovery, without the confinements of a zoo. Despite its size, Panama has so much to offer that you can't help but come back time and time again.

Day 1 ARRIVE PANAMA CITY

After arriving at Panama City's Tocumen International Airport, you'll be met by your English speaking guide who will transfer you to your hotel of choice. The remainder of the day is free for relaxing or exploring on your own.

Private Transfer Panama City International Airport to Panama City Hotel With Guide

Duration: 25 mins

Panama City - The American Trade Hotel - Cuarto

2 Nights

Style: Boutique Location: Casco Viejo

Nearby Attractions: Presidential Palace, Canal Museum of Panama, Metropolitan Cathedral of Panama, Independence Square The American Trade Hotel and Hall is a boutique luxury hotel combining old world elegance with clean, current design. It's located in the most desirable area in Panama City: Casco Viejo, a UNESCO World Heritage site offering the best sightseeing, dining, nightlife, all combined with an authentic Panamanian cultural experience.

Day 2 PANAMA CITY

After breakfast, meet your guide for an informative Culinary City Tour. Walk through the historic Old Town with your bilingual guide who will describe the events in history leading to the movement of the capital city to its present location. Colorful Casco Antiguo is home to monuments of Ferdinand de Lesseps, a French diplomat who first attempted the construction (unsuccessfully) of a canal through Panama. On the way through the Old Town, you can try the delicious "paleta" ice cream. You'll visit a chocolate manufacturing factory and learn the whole process of making chocolate: from the bean to the fine chocolate bar. Afterwards, we'll stop to enjoy a typical local Ceviche lunch. Then you'll stroll along the promenade of Cinta Costera, offering splendid views of Panama City's skyline. On a warm day, try the

popular sweet "raspado" (flavored shaved ice) or a cup of fresh fruits. Later in the afternoon, we'll take a guided tour through the microbrewery La Rana Dorada and taste some of their refreshing beer specialties before returning to your hotel.

(Breakfast, Lunch)

Private Culinary City Tour with Lunch - 4-5 Hours

Duration: 4 5 Hours Category: Food and Drink, City Tour Tour Type: Car/Bus Tour, Walking Tour

This fascinating tour will give you an introduction to Panamas history and at the same time, you will be able to try its delicious gastronomy, which reflects Panamas diversity.

Day 3 PANAMA CITY TO BOQUETE (CHIRIQUI)

After breakfast, meet your driver for a transfer to the domestic airport for your short flight to David. Upon arrival, your transfer awaits you for the one hour ride to your hotel in Boquete. After checking in, the remainder of the day is at your leisure.

(Breakfast)

Private Transfer - Panama City Hotel to Albrook Domestic Airport - With Guide

Duration: 11 mins

BOQUETE

The picturesque mountain town of Boquete, in the province of Chiriqui, lies in a region of mountains, waterfalls, hot springs, cloud forests, and rich farmland encompassing orchards and coffee plantations. The highest peak in Panama, the majestic Baru Volcano, dominates the landscape. The area is known for its perfect weather year round, which makes it a perfect destination for outdoor activities.

Day 3 BOQUETE:

One Way Flight - Panama City (Albrook) to David

Duration: 1 hr

Private Transfer - David to Boquete

Duration: 1 hr 5 mins

Boquete - Panamonte - Suite Terrace

2 Nights

Style: Traditional

Nearby Attractions: Church of San Juan Bautista, Hiking, Bird watching The Panamonte Inn & Spa is renowned for its gourmet cuisine and its cozy fireside lounge and bar. Cond Nast Traveler has named the Panamonte restaurant as one of the best in Central America, and the Washington D.C. based publication Capital Chef has called the restaurant the best in Panama. In addition to the Panamonte's 12 new guest rooms, all of our rooms have been newly renovated to provide true comfort, yet we've been careful to maintain the look and feel that evokes charm and a quieter, less hurried era in Panama. All guestrooms are equipped with newly upgraded bathrooms, telephones, hair dryers, air conditioning, security safe, Wi Fi, and Sky TV; our suites feature fluffy robes and slippers. All rooms are surrounded by beautiful gardens full of birds and butterflies, with lots of outdoor areas for lounging or napping.

Day 4 BOQUETE (CHIRIQUI)

In the morning, meet your guide for a Private Skywalk tour in the Chiriqui Highlands. You'll have a scenic adventure starting with a 25 minute drive into the valley. During the drive you can admire the countryside and coffee farms as you climb into the highlands. Upon arrival you will be given a briefing about the 5km loop that will take you over five Skywalk Bridges ranging from 1,600 1,800 meters over sea level. Walk through the treetops of the cloud forest, keeping your eyes open for exotic bird species and other animals native to the area. Admire the extensive panoramic views of this unspoiled oasis, as your guide interprets the ecosystem and its inhabitants around you. End this unforgettable tour with a sweet cup of hot chocolate, enjoying the amazing natural landscapes of the highlands and the Baru Volcano National Park. After departing, we'll stop for lunch before returning to hotel.

(Breakfast,Lunch)

Shared SkyWalk Tour from Boquete - 4 Hours

Duration: 4 Hours Category: Adventure/Active, Eco/Nature

Early in the morning you will get on a scenic adventure starting with a 25 minute drive into the valley behind Boquete town. During the drive you can admire the countryside and coffee farms as you climb into the valley. Upon arrival you will be given a briefing about the 3 mile loop that will take you over 5 Skywalk bridges ranging from 5,250 5,905 feet over sea level. Walk through the treetops of the cloud forest, keeping your eyes open for exotic bird species and other animals native to the area. Admire the extensive panoramic views of the surrounds scenery as your guide interprets the ecosystem and its inhabitants around you.

Day 5 BOQUETE TO BOCAS DEL TORO

After breakfast, meet your driver for your ground transfer to Almirante. From there, you'll have a water taxi to transport your to Bocas del Toro and on to your hotel. After arriving, relax or start exploring your surroundings.

(Breakfast)

Private Land and Boat Transfer - Boquete to Bocas Del Toro

Duration: 5 hrs 20 mins

BOCAS DEL TORO

The Bocas del Toro Archipelago, located off the coast of Panama, is a collage of pristine beauty and spectacular biodiversity. With its incredible island setting, ecotourists everywhere will marvel upon discovering the area's coastal wonderland. Surrounded by coral reefs, white sand beaches, and crystal clear emerald waters, travelers will enjoy endless options of water based activities available. Take a private full day tour arranged by Avanti to adventure around one of the most beautiful archipelagos in the world. During this tour you will visit Dolphin Bay, which is the main point for dolphin spotting; the adventure will continue with a visit to Coral Cay, which is a lovely reef with lots of fish, corals and lobster. Coral Cay has a rustic restaurant on stilts above the sea, where you can delight in local seafood. After enjoying the delicious Bocas cuisine, you may jump up from your table to the sea for some snorkeling.

Day 5 BOCAS DEL TORO:

Bocas del Toro - La Coralina Island House - Standard Double Room

3 Nights

Style: Boutique, Luxury Location: Bluff Beach

At the La Coralina Island House they offer uniquely designed rooms and villas that blend buildings and nature. They are based on the fundamental belief that living close to nature is the greatest luxury.

Day 6 BOCAS DEL TORO:

In the morning you'll take a shared boat tour of Bastimentos Marine National Park, home to a variety of plant and animal species. Explore the islands and their coral reefs with a snorkeling and beach tour to the top spots of the archipelago. Keep your eyes for sea turtles as Playa Larga is an important nesting site, and drink out of a coconut while strolling on white sanded beaches! Watch out for dolphins on the way to sloth island, where from the boat, you can observe these reclusive mammals lounging in the trees. Depending on the weather and time of year, your guide will choose different spots to visit. Options include Starfish Beach, with (no surprise) abundant starfish in the shallow waters, Red Frog Beach, named after the strawberry colored poison dart frog, and Wizard Beach, a wide, undeveloped, and spectacular beach known for having big waves. Generally, you'll have the opportunity to do wildlife spotting, snorkeling, or just relaxing on one of the secluded beaches.

(Breakfast,Lunch)

Shared Boat Tour to Bastimentos Marine National Park Dolphin Bay, Coral Key, and Red Frog Beach

Category: Adventure/Active, Eco/Nature Tour Type: Boat Tour

Today you will explore a tour in the Bastimentos National Park. You have the opportunity to snorkel, go beach combing and have an outdoor lunch on your own, (not included in the tour price). In the afternoon you can walk through the mangroves of the park to reach the beach of red frogs Bastimentos Island and enjoy the beautiful beach.

Day 7 BOCAS DEL TORO

Enjoy a free day in Bocas del Toro at leisure, or choose an optional Tour.

(Breakfast)

Day 8 BOCAS DEL TORO TO PANAMA CITY

After breakfast, you'll have a transfer to the airport for your short flight to Panama City. Upon arrival, transfer to your hotel and the remainder of the day is at your leisure.

(Breakfast)

Private Transfer - Bastimentos Island Hotel to Bocas Del Toro Airport

Duration: 35 mins

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Day 8 PANAMA CITY:

One Way Flight - Bocas Del Toro to Panama City (Albrook)

Duration: 1 hr

Private Transfer - Albrook Domestic Airport to Panama City Hotel - With Guide

Duration: 17 min

Panama City - Hilton Panama - Standard

1 Nights

Style: Contemporary, Elegant Location: Financial District

Nearby Attractions: Casino located in the hotel, Canal Museum of Panama Looking on to the waterfront Balboa Avenida, were within one kilometer of downtown Panama City and the Cinta Costera. Multiplaza Mall, canal tours, and the Casco Viejo UNESCO site are within a 10 minute drive. Our hotel is connected to the Stem Cell Institute and Starbay Casino. The eforea spa and rooftop pool complete your stay.

Day 9 DEPART PANAMA CITY

After a leisurely breakfast, transfer to Panama City Airport and on to your next Avanti Destination!

(Breakfast)

Private Transfer Panama City Hotel to Panama City International Airport With Guide

Duration: 23 mins