

July 1, 2021

No International Airfare Included - No International airfare is included. This quote is a land package. Ask your Travel Professional if you would like to add International flight options.

Meet & Greet at Tocumen Int'l Airport - After clearing customs exit the door on the right that leads to the sidewalk. You will be met by a representative of Ancon Tours, who will be holding a sign with your name on it. They will present you with all your vouchers and assist you with your luggage. Your Ancon guide will accompany you for all transfers and tours throughout your journey.

Private Transfer from Tocumen Int'l Airport - to Panama City - You will be privately transferred to your accommodations.

DESTINATION: Besides being the central hub for tours going anywhere in the country, Panama City is a fascinating tourist destination in itself. It is also Central America's most attractive Capital City and a curious blend of old Spain, modern America and the bazaar atmosphere of the East. Best known for the Panama Canal - "The Eighth Wonder of the World," this lively Latin American city also borders one of Central America's richest rain forests. combination of the historic and the ultra-modern. and it is also one of the safest cities in the Americas.

ACCOMMODATIONS: InterContinental Miramar Panama | 6 | Deluxe Rooms

July 2, 2021

Miraflores Locks and Biomuseo - Miraflores Locks Visitor Center & Exhibition Halls at the Panama Canal including 45 mins IMAX documentary "A Land Divided – A World United" narrated by Morgan Freeman. <https://www.youtube.com/watch?v=P5KQ6Aljv8&t=83s>

Continue through the former Canal Zone and passing by the Panama Canal's Administration Building enroute to Causeway Amador for lunch. You will enjoy a traditional Panamanian lunch included at local restaurant on Causeway Amador.

Afterwards, you will be transported to the Biodiversity Museum designed by Frank Gehry in Panama City. Designed by world renowned architect Frank Gehry, the Biomuseo is his only work in Latin America and the tropics. The building was designed to tell the story of how the isthmus of Panama rose from the sea, uniting two continents, separating a vast ocean in two, and changing the planet's biodiversity forever.

Meals: Lunch

Historical Sunset Walking Tour of Casco Viejo and Dinner - Pick up at the Intercontinental Miramar by your private guide, transfer to Casco Antigo Historical sunset walking tour in Casco Antiguo, UNESCO World Heritage Site

The tour starts with a walk through the Old Town where you can observe the various architectural styles that demonstrates the rich cultural heritage of the area. The main styles are: Spanish, because Panama

was a Spanish colony; French, due to the fact that French and Italians who made the first attempted to construct the canal lived in the area.

Followed by a welcome dinner at local restaurant in the old town (3-course dinner with 1 glass of wine included).

Meals: Dinner

ACCOMMODATIONS: InterContinental Miramar Panama | 6 | Deluxe Rooms

Meals: Breakfast

July 3, 2021

Gamboa Rainforest Tour with Gatun Lake Expedition and Zipline - Experience the magic of the virgin Gamboa rainforest.

You will be picked up at the Intercontinental Miramar by your private guide. After a 45 min transfer to the Gamboa Rainforest Resort at Soberania National Park, you will enjoy a private JungleBoat tour for wildlife observation on Gatun Lake.

In the late morning, enjoy a Canopy Zipline Adventure or Aerial Tram at Gamboa.

Lunch at the Gamboa Rainforest Resort included.

In the afternoon, explore the ecological exhibitions including the Sloth Sanctuary, Frog Exhibition, Butterfly garden and the orchid sanctuary.

You will be transferred back to the Intercontinental Miramar in the late afternoon.

Meals: Lunch

ACCOMMODATIONS: InterContinental Miramar Panama | 6 | Deluxe Rooms

Meals: Breakfast

July 4, 2021

Private Transfer from Panama City - to Playa Bonita - You will be picked up at the Intercontinental Miramar by your private Ancon Expeditions guide.

Escorted private transfer from Panama City to Playa Bonita (approx. 20-25 mins).

DESTINATION: Playa Bonita is located in the province of Panamá , in the central part of the country. Playa Bonita is situated in a coastal area in the west of Panama and is known as the "Arco Seco" because it enjoys the best tropical climate in the country, with mild temperatures, warm beaches, plenty of sun and, as its name suggests, little rain.

ACCOMMODATIONS: Dreams Playa Bonita | 6 Preferred Club Ocean View

Meals: Breakfast, Lunch, Dinner

July 5, 2021

Embera - Quera - Your adventure will begin when one of our guides will pick you up at your hotel around 8:30 am. You will drive for about an hour along the canal and Soberania National park while your guide will share interesting information about Panama and preparing you for your visit with the Emberá people. You will arrive at the shores of Lake Alajuela where the Emberá will meet you with their handmade dugout canoe. You will embark on a 30-60 minute boat ride (time depends of water level in the river). You will pass through virgin rain forest and see many birds, such as herons, egrets, osprey, possibly toucans and wild parrots, as well as turtles, maybe a caiman and if you are lucky a sloth, otter or monkeys from the boat. If the water level is high enough you can stop at a local waterfall for a quick dip on the way to the village.

Upon arrival in the village you will be greeted with a traditional greeting of music and seated in a typical community hut you will be treated to a fascinating presentation by the Emberá about their history, culture and how they live. After the presentation you will be served a delicious lunch of fresh fish, fried plantains and local fruit.

After lunch, you will have the option to take a 20-30 minute hike with one of the village elders to learn about their medicinal plants. Then you will be given free time in the village to look at or purchase any of their exquisite hand woven baskets, plates or masks made from palm leaf fibers or Cocobolo wood (rosewood) or Tagua nut carvings, get a cultural temporary tattoo, swim in the river, play with the Emberá children, interact with the villagers or take pictures. Your day tour will end with a display of shamanic and celebration music and dancing by the villagers. Meals: Lunch

ACCOMMODATIONS: Dreams Playa Bonita | 6 Preferred Club Ocean View

Meals: Breakfast, Lunch, Dinner

July 6, 2021

Panama Canal Partial Transit - Southbound - This morning you will be picked up at your hotel by an Ancon Expeditions of Panama driver for a short transfer to the Amador Marina where our tour outfitter welcomes you. From there, you will take a 40 minute coach bus ride to the town of Gamboa, site of the Panama Canal's Dredging Division, where you board a comfortable passenger ferry. At this point the boat will be sailing in Gatun Lake at 26 meters above sea level which is part of the Gaillard Cut, the narrowest section of the Panama Canal. The 13.7-kilometer long portion of the waterway was carved through rock and shale and it is flanked by the backbones of the Continental Divide. The original width of Gaillard Cut was 92 meters and was increased to 152 meters in the early 1970s. In order to accommodate to the demands of today's transit needs, the Panama Canal Authority recently completed the monumental task of widening the Cut to 192 meters in straight sections and up to 222 meters in curves. Southbound on the Panama Canal the first lock set that you pass today are Pedro Miguel locks, where the ship is lowered 9 meters. While enjoying your lunch on board, you will pass through Miraflores Locks, which are the tallest in the locks system due to the extreme tidal variation of the

Pacific Ocean. In two steps, the boat will be lowered from 17 meters above sea level to sea level in the almost 2-km long lock set. Here, a transition from fresh water in the lake and lock chambers to salt water in the Pacific Ocean takes place. Before leaving the Panama Canal and entering the Pacific Ocean you will sail under the bridge of the Americas, which raises over 100 meters above sea level and reunites the land divided during construction of the canal forming another link in the Pan-American Highway. You will disembark the ferry at Flamenco Island, from where your Ancon Expeditions of Panama driver will take you back to your hotel. Meals: Lunch

ACCOMMODATIONS: Dreams Playa Bonita | 6 Preferred Club Ocean View

Meals: Breakfast, Lunch, Dinner

July 7, 2021

Enjoy the Resort or Book an Optional Tour - You don't have any tours planned for today. Please enjoy the resort or add an optional tour.

Indoor/Outdoor Activities Available Onsite at Dreams Playa Bonita:

Explorer's Club for Kids

Infinity pool

Complimentary shuttle to Albrook Mall and the history district of Panama City, Casco Viejo

Ping-pong

Sport fishing*

Golf*

Jogging path

Themed parties

Beach volleyball

Yoga

Putting green

Driving range

Entertainment center

*Additional costs may apply

ACCOMMODATIONS: Dreams Playa Bonita | 6 Preferred Club Ocean View

Meals: Breakfast, Lunch, Dinner

July 8, 2021

Private Transfer from Playa Bonita - to Tocumen Int'l Airport - You will be privately transferred to the Tocumen International Airport approximately 3.5 hours prior to departure flight.

Meals: Breakfast