

## **Venture to the Volcanoes**

This exclusive Ker & Downey itinerary journeys to the volcanic behemoths, sandy beaches, and tropical paradises of Central America. Pair high-flying adventure with low-stress water relaxation in Costa Rica's Arenal and Rio Perdido volcanic regions and on Nicaragua's stunning Emerald Coast.

### **Suggested Itinerary-at-a-glance:**

- Day 1:

Arrive San José / Hotel Grano de Oro

- Day 2:

Arenal / Nayara Hotel & Gardens (B,D)

- Day 3:

Arenal / Nayara Hotel & Gardens (B)

- Day 4:

Rio Perdido / Hotel Rio Perdido (B)

- Day 5:

Rio Perdido / Hotel Rio Perdido (B)

- Day 6:

Emerald Coast / Mukul Resort (B)

- Day 7:

Emerald Coast / Mukul Resort (B)

- Day 8:

Emerald Coast / Mukul Resort (B)

- Day 9:

Managua / Elements Hotel Boutique (B)

- Day 10:

Managua / Departure (B)

### **Itinerary Description:**

Your first day in Costa Rica is spent relaxing in majestic San José and your accommodations at Grano de Oro Hotel. From San José, travel north to the infamous Arenal Volcano, an unavoidable presence while traveling in this part of the country. Set out on a gentle guided hike along the base of this marvelous behemoth and visit the thermal mineral pools at Tabacon Hot Springs for a healthy soak and a delicious

dinner. The next day, you will reach the top of the volcano on a stunning Sky Tram aerial ride and explore its slopes by horseback.

Venturing further north, visit Rio Perdido in the lost valley below the Miravalles Volcano, an ancient canyon where hot water emanates from under boulders and gushes from the rocky outcrops. During your two-day stay, take advantage of the various hikes along the thermal river to the nearby Yurro Waterfall, Medicinal Springs, and Las Tumbas, or consider more intense pastimes such as complimentary white water tubing in the summers, mountain biking, and canyoneering, guaranteed to increase any adrenaline level. Don't forget to partake in the rejuvenating activities, such as volcanic mud body painting, fed by the region's eight hot springs.

Conclude your journey in Nicaragua and the stunning Emerald Coast for three days of water sports, island excursions, secluded beach lounging, Granada day-trips, golfing, and explorations of the nearby Cerro Negro Volcano, all of which are accessible from the beautiful Mukul Resort. Take a day to discover Managua, the country's capital and largest city and the industrial and cultural center of the country, before embarking for your travels onward.